

# YOUR MEDICATIONS: **DELIVERED!**



As an Ochsner Health Plan member, you have access to Birdi™, the Direct Mail Program from MedImpact — making it easier than ever to get your prescriptions delivered right to your door!



## Why Choose Mail-Order Pharmacy?

**Convenient Home Delivery:** No more trips to the pharmacy! Your medications arrive safely at your doorstep.

**Automatic Refill Reminders:** Never miss a dose with helpful notifications when it's time to refill. Don't forget to opt-in.

**Cost Savings:** Many prescriptions offer lower copays when you choose a 90-day supply.

**Easy Online Management:** Track orders, view medication history, and manage prescriptions anytime, anywhere.

## Getting started with Birdi™

- Register Online at [medimpact.com](https://www.medimpact.com) or with the MedImpact mobile app.
- Provide your shipping address, contact information, along with any allergy and medical condition information.

Once registered, you can review details about your medicines, request new prescriptions, or refills, and manage your shipping and payment details.

You can request phone, email, or text updates about your orders. Most orders are processed and shipped within 5 business days from receipt of prescription.

## How to set up new prescription or transfer current prescriptions to Birdi™

### Option 1: Contact your Provider

- Talk with your prescribing provider about medication mail delivery with Birdi™ and request to have your prescriptions moved.
- Your provider can send your prescription electronically or by fax to 1-888-783-1773.
- Birdi can only accept prescriptions from your provider.

### Option 2: Through your MedImpact account

Sign in to the website at [www.medimpact.com](https://www.medimpact.com) to request a new prescription or transfer from a retail pharmacy. Choose "Request Prescriptions" at the top of "My Prescriptions > Prescription List" page and follow instructions.

### Option 3: Call Birdi

Call Birdi at 1-855-873-8739, Mon-Fri 7:00 am - 7:00 pm, Saturday 8:00 am - 3:00 pm Central Time.

Ochsner Health Plan is a Medicare Advantage HMO and HMO D-SNP plan with a Medicare contract. Dual Special Needs Plans also have a contract with the State Medicaid Program. Enrollment in the plan depends on contract renewal.

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