



Over-the-counter health and wellness products

2023 CATALOG AND ORDER FORM



Table of contents

How to order	5
Bathroom safety	9
Cough, cold and allergy	11
Diabetes management	14
Digestive health	19
Fall prevention	22
First aid	24
Fitness devices	28
Home medical	29
Incontinence	33
Pain relievers	38
Personal care	40
Skin care	44
Smoking cessation	46
Supports	47
Vitamins, minerals and supplements	49
Women's health	55

Note

The products you receive may look different from the images shown in this catalog.
The packaging may change, but the active ingredients in the products will remain the same.

2023 Over-the-Counter (OTC) Health and Wellness Product Order Form

You may need over-the-counter health and wellness products, but they may be hard to budget for. To help, your health plan offers an over-the-counter benefit that allows you to purchase some of these products and have them shipped to your home.

How to place your order



By mail or fax

Due to the time it takes to receive your request by mail, we encourage you to allow extra time when placing your order. If your plan includes a monthly allowance, submit your order by the 20th of each month. If you have a quarterly allowance, submit your order before the last week of your allowance period. Last months of quarters are March, June, September, and December.

Mail your order form to:

P.O. Box 1197
Cincinnati, OH 45201-1197

or fax the order form pages to **1-800-379-7617**



By phone:

844-330-7780 (TTY: **711**)

Monday - Friday, 7 a.m. - 10 p.m. and Saturday, 7 a.m. - 5:30 p.m., Central Time.

Using your OTC Account

If your order exceeds your plan's allowance, please include your check, money order, or enter your credit card information to pay the remaining amount due. Balances higher than the allowance amount will have sales tax applied. **Failure to submit payment in full will lead to items being cancelled to bring your order total at or below your benefit allowance. Please be sure to provide your payment information each time you order over your allowance amount.**



Ochsner Health Plan does not include a **rollover OTC allowance**. Your allowance needs to be used within each calendar quarter. Any unused allowance will not roll over to the next calendar quarter.



If you have questions about how to use the OTC benefit, call **844-330-7780** (TTY: **711**) Monday - Friday, 7 a.m. - 10 p.m. and Saturday, 7 a.m. - 5:30 p.m., Central Time.

2023 Health and Wellness Product Order Form



998



MEMBER INFORMATION

Member ID (from your ID card)

Date of birth

Gender

Male

Female

First name

Last name

MI

Street number

Street name

Apt/suite #

Urbanization Code (for Puerto Rico addresses only)

City

State

ZIP code

Daytime phone

Evening phone

Please check box if this is a new address:

During which month would you like to receive this order?

If a month is not selected, your order will be processed the month your request is received.

PAYMENT INFORMATION (if applicable)

If your total order is less than your plan's allowance, you DO NOT need to include payment and you will receive the items you ordered. If your order exceeds your plan's allowance, please enter your credit card information below to pay the remaining amount due. **Failure to submit payment in full will lead to items being cancelled to bring your order total at or below your benefit allowance. Please be sure to provide your payment information each time you order over your allowance amount.**

Please do not send cash.

To pay by credit card, please complete the following:

Credit/Debit Card #

Exp. Date

Cardholder First Name

Cardholder Last Name

Cardholder Signature:

Orders will be shipped to your home by FedEx, UPS or the US Postal Service at no extra charge to you. Please allow 10 to 14 business days for processing from the time the pharmacy receives your order. **Orders may be split into multiple shipments.** You'll receive a generic comparable to the name-brand product. This product list is subject to change. If a product is unavailable or not in stock, it may be substituted for a similar product at no additional charge. The brand name product may also be sent. **The pharmacy reserves the right to limit the quantities of OTC medications and supplies dispensed.** Please check with your healthcare provider before taking OTC medicines. Some items may vary depending on manufacturer (for example: caplets, tablets, capsules or soft gels may be substituted for one another). Returns or refunds are not accepted for items that were properly dispensed.

Y0040_GHHL8FJEN_C

Member ID (from your ID card)

□□□□□□□□□□ - □□

Date of birth

□□ / □□ / □□□□



998A



First name

Last name

MI

□□□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□ □

PRODUCT SELECTION

*Write in the quantity of the product you would like to receive, not the package size listed in catalog.

Product code	Product name	Quantity*	Price
Example: 0 1 6	Aspirin Low Dose 81mg EC	1	\$6
1 OTC □□□	_____	□	_____
2 OTC □□□	_____	□	_____
3 OTC □□□	_____	□	_____
4 OTC □□□	_____	□	_____
5 OTC □□□	_____	□	_____
6 OTC □□□	_____	□	_____
7 OTC □□□	_____	□	_____
8 OTC □□□	_____	□	_____
9 OTC □□□	_____	□	_____
10 OTC □□□	_____	□	_____
11 OTC □□□	_____	□	_____
12 OTC □□□	_____	□	_____
13 OTC □□□	_____	□	_____
14 OTC □□□	_____	□	_____
15 OTC □□□	_____	□	_____

To order by mail, send the completed product order form page along with credit card information (if applicable) to:
P.O. Box 1197
Cincinnati, OH 45201-1197

Your total order amount \$ _____
Plan allowance \$ _____
Total remaining amount due \$ _____

Balances higher than the allowance amount will have sales tax applied 7

Bathroom safety

Adjustable transfer bench**

Compare to: Drive Medical



\$80 | 1 count
Product code
416

Bath bench with arms and back**

Compare to: Essential Medical Supply Shower Bench with Back



\$60 | 1 count
Product code
417

Bath bench with arms, no back**

Compare to: Essential Medical Supply Shower Bench



\$50 | 1 count
Product code
418

Bath mat**



\$12 | 1 count
Product code
371

Grab bar, knurled chrome, 12"



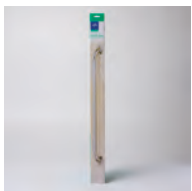
\$15 | 1 count
Product code
491

Grab bar, knurled chrome, 24"



\$18 | 1 count
Product code
492

Grab bar, knurled chrome, 32"



\$22 | 1 count
Product code
493

Handheld shower



\$22 | 1 count
Product code
494

Raised toilet seat – 250 lbs capacity, universal fit**



\$26 | 1 count

Product code
372

Toilet safety rails**

Compare to: Nova® Toilet Safety Rails



\$35 | 1 count

Product code
420

Tub and stair safety treads



\$8 | 8 count

Product code
373

Tub safety bar**

Compare to: Drive Medical Tub Safety Bar



\$40 | 1 count

Product code
421

Cough, cold and allergy

Bausch + Lomb Alaway® antihistamine eye drops



\$15 | .34 oz

Product code
546

Cetirizine HCL, 10mg

Compare to: Zyrtec® 10mg



\$12 | 30 count

Product code
113

Cough and cold high blood pressure tablets*

Compare to: Coricidin® HBP Cough and Cold



\$7 | 16 count

Product code
260

Cough drops, honey lemon

Compare to: Halls® Cough Drops



\$3 | 30 count

Product code
423

Cough drops, honey lemon, sugar-free

Compare to: Halls® Cough Drops, Sugar Free



no image
available

\$3 | 25 count

Product code
629

Cough formula expectorant

Compare to: Robitussin®



\$7 | 8 oz

Product code
321

Cough suppressant/expectorant, sugar-free*

Compare to: Robitussin® Sugar-Free DM



\$5 | 4 oz

Product code
210

Cough suppressant/nasal decongestant/expectorant*

Compare to: Robitussin® CF



\$7 | 4 oz

Product code
096

Daytime cold and flu softgels*

Compare to: DayQuil™



\$7 | 16 count
Product code
237

Expectorant – Guaifenesin, 400 mg

Compare to: Mucus Relief 400 mg



\$9 | 30 count
Product code
111

Eye itch relief, 0.025% eye drops

Compare to: Zaditor®



\$13 | .17 fl oz
Product code
291

Fexofenadine, 180 mg

Compare to: Allegra®



\$15 | 30 count
Product code
496

Guaifenesin, extended release, 600mg



\$18 | 20 count
Product code
589

Levocetirizine

Compare to: Xyzal®



\$10 | 35 count
Product code
361

Loratadine, 10 mg

Compare to: Claritin®



\$10 | 30 count
Product code
110

Loratadine, 10 mg orally disintegrating tablets

Compare to: Claritin® Reditabs



\$10 | 30 count
Product code
622

Loratadine liquid, 5 mg/5 ml

Compare to: Children's Claritin®



\$9 | 4 oz

Product code
290

Medicated chest rub

Compare to: Vicks VapoRub®



\$7 | 100 gm

Product code
043

Menthol/benzocaine sore throat lozenges

Compare to: Cepacol® Lozenges



\$7 | 18 count

Product code
117

Nasal decongestant PE, max strength

Compare to: Sudafed® PE Tablets



\$6 | 36 count

Product code
228

Nasal decongestant spray

Compare to: Afrin®



\$6 | 1 oz

Product code
095

Nasal rinse kit

Compare to: NeilMed® Sinus Rinse™

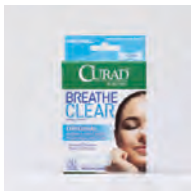


\$18 | 1 count

Product code
497

Nasal strips medium

Compare to: Breathe Right® Nasal Strips



\$11 | 30 count

Product code
362

Pataday® once daily relief



\$22 | 2.5 ml

Product code
556

Pataday® twice daily relief



\$20 | 5 ml
Product code
557

Phenol/oral anesthetic sore throat spray

Compare to: Chloraseptic®



\$7 | 6 oz
Product code
220

Saline nasal spray

Compare to: Ocean® Saline Nasal Spray



\$7 | 3 oz
Product code
325

Sinus – Acetaminophen/phenylephrine HCl

Compare to: Tylenol® Sinus



\$7 | 24 count
Product code
097

Steam inhaler**

Compare to: Vicks® Steam Inhaler



\$14 | 1 count
Product code
424

Theraflu MultiSymptom Severe Cold*

Compare to: Theraflu MultiSymptom Severe Cold with Green Tea & Honey Lemon Hot Liquid Powder for Cough & Cold Relief



\$12 | 6 count
Product code
498

Triamcinolone allergy nasal spray

Compare to: Nasacort® Allergy 24HR



\$18 | .57 fl oz
Product code
293

Diabetes management

Compression dress socks, 8 – 15 mmHg, black – large

Compare to: Curad®



\$16 | 1 pair
Product code
499

Compression dress socks, 8 – 15 mmHg, black – medium

Compare to: Curad®



\$16 | 1 pair
Product code
500

Compression dress socks, 8 – 15 mmHg, black – small

Compare to: Curad®



\$16 | 1 pair
Product code
501

Compression stockings, 15 – 20 mmHg, regular beige size A (Ankle: 7" – 7 7/8"; Calf: 10" – 13")

Compare to: Jobst®



\$13 | 1 pair
Product code
265

Compression stockings, 15 – 20 mmHg, regular beige size B (Ankle: 8" – 8 7/8"; Calf: 12" – 15")

Compare to: Jobst®



\$13 | 1 pair
Product code
266

Compression stockings, 15 – 20 mmHg, regular beige size C (Ankle: 9" – 9 7/8"; Calf: 14" – 17")

Compare to: Jobst®



\$13 | 1 pair
Product code
267

Compression stockings, 15 – 20 mmHg, regular beige size D (Ankle: 10" – 10 7/8"; Calf: 16" – 19")

Compare to: Jobst®



\$13 | 1 pair
Product code
268

Compression stockings, 15 – 20 mmHg, regular beige size E (Ankle: 11" – 11 7/8"; Calf: 18" – 21")

Compare to: Jobst®



\$13 | 1 pair
Product code
269

Compression stockings, 15 – 20 mmHg, regular beige size F (Ankle: 12" – 12 7/8"; Calf: 20" – 23")

Compare to: Jobst®



\$13 | 1 pair

Product code
270

Compression stockings, 15 – 20 mmHg, regular beige size G (Ankle: 13" – 13 7/8"; Calf: 22" – 26")

Compare to: Jobst®



\$13 | 1 pair

Product code
271

Compression stockings, 15 – 20 mmHg, regular black size A (Ankle: 7" – 7 7/8"; Calf: 10" – 13")

Compare to: Jobst®



\$13 | 1 pair

Product code
329

Compression stockings, 15 – 20 mmHg, regular black size B (Ankle: 8" – 8 7/8"; Calf: 12" – 15")

Compare to: Jobst®



\$13 | 1 pair

Product code
330

Compression stockings, 15 – 20 mmHg, regular black size C (Ankle: 9" – 9 7/8"; Calf: 14" – 17")

Compare to: Jobst®



\$13 | 1 pair

Product code
331

Compression stockings, 15 – 20 mmHg, regular black size D (Ankle: 10" – 10 7/8"; Calf: 16" – 19")

Compare to: Jobst®



\$13 | 1 pair

Product code
332

Compression stockings, 15 – 20 mmHg, regular black size E (Ankle: 11" – 11 7/8"; Calf: 18" – 21")

Compare to: Jobst®



\$13 | 1 pair

Product code
333

Compression stockings, 15 – 20 mmHg, regular black size F (Ankle: 12" – 12 7/8"; Calf: 20" – 23")

Compare to: Jobst®



\$13 | 1 pair

Product code
334

Compression stockings, 15 – 20 mmHg, regular black size G (Ankle: 13" – 13 7/8"; Calf: 22" – 26")

Compare to: Jobst®



\$13 | 1 pair
Product code
335

Diabetes circulatory crew socks, 8 – 15 mmHg, black extra large



\$10 | 1 pair
Product code
377

Diabetes circulatory crew socks, 8 – 15 mmHg, black large



\$10 | 1 pair
Product code
374

Diabetes circulatory crew socks, 8 – 15 mmHg, black medium



\$10 | 1 pair
Product code
375

Diabetes circulatory crew socks, 8 – 15 mmHg, black small



\$10 | 1 pair
Product code
376

Diabetes circulatory crew socks, 8 – 15 mmHg, white extra large



\$10 | 1 pair
Product code
382

Diabetes circulatory crew socks, 8 – 15 mmHg, white large



\$10 | 1 pair
Product code
379

Diabetes circulatory crew socks, 8 – 15 mmHg, white medium



\$10 | 1 pair
Product code
380

Diabetes circulatory crew socks, 8 – 15 mmHg, white small



\$10 | 1 pair
Product code
381

Diabetic blood sugar log book



\$11 | 1 count
Product code
502

Diabetic foot care telescoping inspection mirror



\$12 | 1 count
Product code
368

Diabetic skin relief body lotion

Compare to: Gold Bond® Ultimate Diabetics' Dry Skin Relief Hydrating Lotion



\$11 | 4.5 oz
Product code
408

Diabetic skin relief foot cream

Compare to: Gold Bond® Diabetic Skin Relief Foot Cream



\$11 | 3.4 oz
Product code
272

Glucose tablets – Six-pack of 10

Compare to: DEX4® Glucose Tablets



\$12 | 60 count
Product code
305

Sharps container

Compare to: BD™ Home Sharps container



\$7 | 1 count
Product code
274

Digestive health

Antacid/anti-gas liquid

Compare to: Mylanta®



\$8 | 12 oz
Product code
032

Anti-diarrheal tablets – Loperamide, 2 mg

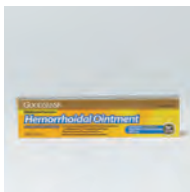
Compare to: Imodium® A-D



\$7 | 24 count
Product code
318

Anti-hemorrhoidal ointment

Compare to: Preparation H®



\$7 | 2 oz
Product code
031

Bisacodyl, 5 mg

Compare to: Dulcolax®



\$7 | 25 count
Product code
093

Calcium carbonate antacid – Regular strength

Compare to: Tums® Regular Strength



\$7 | 150 count
Product code
203

Dairy digestive supplement – Lactase enzyme

Compare to: Lactaid® Tabs



\$10 | 60 count
Product code
116

Effervescent antacid and pain relief

Compare to: Alka-Seltzer®



\$8 | 36 count
Product code
215

Esomeprazole, 20 mg

Compare to: Nexium® 24 HR



\$17 | 28 count
Product code
323

Extra-strength gas relief softgels

Compare to: Gas-X® Extra Strength



\$8 | 48 count
Product code
320

Famotidine, 20 mg

Compare to: Pepcid® 20 mg



\$8 | 25 count
Product code
261

Fiber gummies

Compare to: Vitafusion™ Fiber Well Gummies



\$16 | 90 count
Product code
415

Fiber laxative tablets

Compare to: FiberCon®



\$9 | 90 count
Product code
208

Glycerin suppositories

Compare to: Fleet®



\$5 | 25 count
Product code
503

Hemorrhoidal suppositories

Compare to: Preparation H® Suppositories



\$7 | 12 count
Product code
216

Laxative (bisacodyl), 10 mg suppositories



\$7 | 12 count
Product code
504

Meclizine, 25 mg

Compare to: Bonine®



\$8 | 100 count
Product code
505

Medicated hemorrhoidal pads

Compare to: Tucks® Pads



\$8 | 100 count
Product code
358

Milk of magnesia – Laxative/antacid

Compare to: Phillips® Milk of Magnesia



\$7 | 12 oz
Product code
033

Motion sickness tablets – Dimenhydrinate, 50 mg

Compare to: Dramamine®



\$6 | 12 count
Product code
120

Nausea relief liquid

Compare to: Emetrol®



\$7 | 4 oz
Product code
351

Omeprazole, 20 mg

Compare to: Prilosec OTC® 20 mg



\$10 | 14 count
Product code
112

Pink bismuth – chewable tablets

Compare to: Pepto-Bismol® Chewable Tablets



\$7 | 30 count
Product code
115

Polyethylene glycol 3350

Compare to: MiraLAX®



\$10 | 8.3 oz
Product code
264

Psyllium fiber laxative capsules

Compare to: Metamucil® Capsules



\$11 | 160 count
Product code
258

Psyllium fiber supplement, orange, smooth texture powder

Compare to: Metamucil®



\$13 | 13 oz
Product code
359

Psyllium fiber supplement, orange, sugar-free, smooth texture powder

Compare to: Metamucil® Sugar-Free



\$12 | 10 oz
Product code
360

Senna laxative tablets

Compare to: Senokot®



\$10 | 100 count
Product code
233

Stool softener capsules

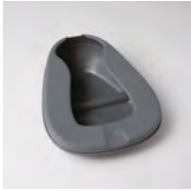
Compare to: Colace®



\$7 | 100 count
Product code
101

Fall prevention

Bed pan



\$10 | 1 count
Product code
524

Bedside stool with handle**



\$57 | 1 count
Product code
525

Cane for vision impaired**



\$20 | 1 count
Product code
526

Cane with offset handle**



\$20 | 1 count
Product code
527

Extra-long shoe horn with sock remover



\$13 | 1 count
Product code
619

Folding cane**



\$18 | 1 count
Product code
529

Grabber reacher tool



\$15 | 1 count
Product code
531

Non-skid slipper socks



\$3 | 1 pair
Product code
532

Plug-in LED night lights



\$9 | 2 count
Product code
419

Quad cane large base – 300 lbs capacity**



\$25 | 1 count
Product code
386

Quad cane small base – 300 lbs capacity**



\$25 | 1 count
Product code
387

Replacement cane tips, 1/2"



\$9 | 2 count
Product code
628

Replacement cane tips, 3/4"



\$9 | 2 count
Product code
626

Replacement cane tips, 5/8"



\$9 | 2 count
Product code
627

Sock assistance device



\$13 | 1 count
Product code
594

Transfer belt with handles, wide



\$19 | 1 count
Product code
625

First aid

Alcohol prep pads

Compare to: Curad® Alcohol Swabs



\$4 | 100 count
Product code
035

Antiseptic spray



\$5 | 2 oz
Product code
506

Burn relief spray



\$5 | 2 oz
Product code
507

Butterfly closures



\$4 | 12 count
Product code
508

Cloth tape, 1" x 10 yards



\$5 | 1 count
Product code
509

Cotton swabs

Compare to: Q-Tips® Cotton Swabs



\$6 | 300 count
Product code
036

Curad® adhesive bandages – Fingertip



\$8 | 100 count
Product code
510

Curad® adhesive bandages – Knuckles



\$8 | 100 count
Product code
511

Curad® bandage variety pack



\$10 | 200 count
Product code
512

Curad® Germ Shield gel



\$7 | .5 oz
Product code
513

Curad® non-stick pads, 3" x 4"

Compare to: Curad® Non-Stick Pad 3" x 5"



\$5 | 10 count
Product code
519

Curad® Quick Stop blood controlling bandages



\$6 | 30 count
Product code
514

Curad® silicone bandages



\$6 | 20 count
Product code
515

Curad® Soothe & Cool burn bandages, instant cooling, assorted sizes



\$9 | 8 count
Product code
516

Curad® spray bandage+



\$10 | 1.35 oz
Product code
517

Curad® wound care kit (gauze pads, non-stick pad, paper tape)



\$9 | 25 pieces
Product code
518

Elastic bandage, 4"

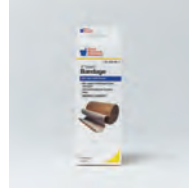
Compare to: Ace® Bandage



\$5 | 1 count
Product code
226

Elastic bandage, 6"

Compare to: Ace® Bandage



\$9 | 1 count
Product code
425

First-aid kit, 175 pieces

Compare to: Curad® First Aid Kit



\$12 | 1 count
Product code
385

Gauze sponges, 4" x 4"



\$8 | 50 count
Product code
520

Hand sanitizer*

Compare to: Purell®



\$4 | 8 oz
Product code
427

Hand sanitizer wipes*

Compare to: Purell®



\$12 | 160 count
Product code
521

Hot water bottle



\$10 | 1 count
Product code
428

Hydrogen peroxide



\$2 | 16 oz
Product code
429

Ice bag



\$7 | 1 count

Product code
430

Paper tape, 2" x 10 yards

Compare to: Curad® Paper Tape



\$8 | 1 count

Product code
431

Petroleum jelly

Compare to: Vaseline®



\$4 | 4 oz

Product code
432

Plastic bandages

Compare to: Band-Aid®



\$9 | 200 count

Product code
324

Reusable cold compress

Compare to: ACE™ Cold Compress



\$7 | 1 count

Product code
310

Rubbing alcohol*



\$3 | 16 oz

Product code
433

Triple antibiotic ointment plus

Compare to: NEOSPORIN® + Pain Relief



\$7 | 1 oz

Product code
231

Waterproof adhesive bandages



\$9 | 100 count

Product code
384

Fitness devices

Fitbit® Charge**



\$150 | 1 count

Product code
434

Fitbit® Inspire**



\$100 | 1 count

Product code
523

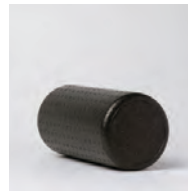
Fitbit® Versa**



\$230 | 1 count

Product code
522

Foam roller



\$17 | 1 count

Product code
528

Pedometer



\$20 | 1 count

Product code
441

Resistance band, medium resistance

Compare to: Theraband®



\$9 | 1 count

Product code
534

Home medical

7-day pill box



\$10 | 1 count
Product code
257

Blood pressure cuff – Extra large



\$20 | 1 count
Product code
591

Blood pressure home kit (manual pump w/stethoscope)**



\$18 | 1 count
Product code
242

Cloth face mask



\$14 | 3 count
Product code
486

CPAP memory foam pillow**



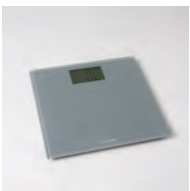
\$60 | 1 count
Product code
443

CPAP pillow fiber filled**



\$45 | 1 count
Product code
444

Digital bathroom scale**



\$24 | 1 count
Product code
247

Digital blood pressure monitor**



\$50 | 1 count
Product code
245

Digital hearing amplifier**

Compare to: Clearon Hearing Amplifier



\$50 | 1 count
Product code
445

Disposable face mask



\$10 | 10 count
Product code
485

Disposable gloves – Nonlatex

Compare to: Curad®



\$10 | 100 count
Product code
345

Foam ring cushion

Compare to: Carex®



\$21 | 1 count
Product code
447

Heating pad wrap for shoulder and neck**

Compare to: Sunbeam®



\$40 | 1 count
Product code
448

Hypoallergenic pillow**



\$25 | 1 count
Product code
450

Magnifying glass



\$10 | 1 count
Product code
446

Electric heating pad – Standard**

Compare to: Sunbeam® Electric Heating Pad



\$29 | 1 count
Product code
244

Food scale



\$20 | 1 count
Product code
530

Humidifier, ultrasonic cool mist**

Compare to: Honeywell® Humidifier - Ultrasonic



\$50 | 1 count
Product code
449

Lumbar cushion

Compare to: Carex®



\$25 | 1 count
Product code
451

Medical bracelet – Diabetes

Compare to: Medical Bracelet



\$21 | 1 count
Product code
452

Medical bracelet – Heart patient

Compare to: Medical Bracelet



\$21 | 1 count
Product code
453

Medication disposal powder

Compare to: DisposeRx™



\$11 | 3 count
Product code
370

Medication lock

Compare to: Pillpod



\$22 | 1 count
Product code
458

Oral thermometer

Compare to: B-D® Oral Thermometer



\$7 | 1 count
Product code
048

Peak flow meter



\$18 | 1 count
Product code
455

Pill bottle opener with magnifying glass



\$7 | 1 count
Product code
456

Pill splitter & crusher



\$9 | 1 count
Product code
457

Pulse oximeter**



\$50 | 1 count
Product code
309

Talking blood pressure monitor**

Compare to: Omron®



\$75 | 1 count
Product code
460

Talking digital bathroom scale**



\$35 | 1 count
Product code
461

Talking ear and forehead thermometer**

Compare to: DualScan® Thermometer, Audio



\$30 | 1 count

Product code
462

Talking pulse oximeter**



\$60 | 1 count

Product code
593

Warm mist humidifier with steam inhaler**

Compare to: Crane



\$50 | 1 count

Product code
535

Warm mist steam inhaler pads

Compare to: Crane



\$13 | 12 count

Product code
536

Weighted utensil set



\$40 | 1 count

Product code
463

Incontinence

If you experience incontinence, we're here to help you find the right products for you.

Wearable products	Absorbency level			Gender		Usage	
	Light	Moderate	Maximum	Women	Men	Daily	Overnight
Panty liner	✓			✓		✓	
Bladder control pad	✓			✓		✓	
Bladder control pad		✓		✓		✓	
Bladder control pad			✓	✓		✓	
Bladder control pad			✓	✓			✓
Bladder control guard	✓	✓	✓		✓	✓	
Tab style or briefs		✓		✓	✓		
Tab style or briefs			✓	✓	✓		
Underwear				✓	✓	✓	
Underwear			✓	✓			
Underwear			✓		✓		

Absorbent underpads (disposable chux pads) 23" x 36"

Compare to: Protection Plus® Disposable Underpads 23" x 36"



\$15 | 20 count
Product code
256

Adult incontinence tab-style disposable briefs, extra absorbency – Extra extra large

Compare to: FitRight® Disposable Briefs, Extra Absorbency – Extra Extra Large



\$17 | 20 count
Product code
398

Adult incontinence tab-style disposable briefs, extra absorbency – Extra large

Compare to: FitRight® Disposable Briefs, Extra Absorbency – Extra Large



\$17 | 20 count
Product code
397

Adult incontinence tab-style disposable briefs, extra absorbency – Large

Compare to: FitRight® Disposable Briefs, Extra Absorbency – Large



\$17 | 20 count
Product code
394

Adult incontinence tab-style disposable briefs, extra absorbency – Medium

Compare to: FitRight® Disposable Briefs, Extra Absorbency – Medium



\$17 | 20 count

Product code
395

Adult incontinence tab-style disposable briefs, extra absorbency – Small

Compare to: FitRight® Disposable Briefs, Extra Absorbency – Small



\$17 | 20 count

Product code
396

Adult incontinence tab-style disposable briefs, ultra absorbency – Extra extra large

Compare to: FitRight® Disposable Briefs, Ultra Absorbency – Extra Extra Large



\$17 | 20 count

Product code
403

Adult incontinence tab-style disposable briefs, ultra absorbency – Extra large

Compare to: FitRight® Disposable Briefs, Ultra Absorbency – Extra Large



\$17 | 20 count

Product code
402

Adult incontinence tab-style disposable briefs, ultra absorbency – Large

Compare to: FitRight® Disposable Briefs, Ultra Absorbency – Large



\$17 | 20 count

Product code
399

Adult incontinence tab-style disposable briefs, ultra absorbency – Medium

Compare to: FitRight® Disposable Briefs, Ultra Absorbency – Medium



\$17 | 20 count

Product code
400

Adult incontinence tab-style disposable briefs, ultra absorbency – Small

Compare to: FitRight® Disposable Briefs, Ultra Absorbency – Small



\$17 | 20 count

Product code
401

Bladder control guards for men

Compare to: FitRight® Active Bladder Guards for Men



\$14 | 52 count

Product code
366

Bladder control pad for women – Light

Compare to: FitRight®



\$8 | 20 count
Product code
595

Bladder control pad for women – Maximum

Compare to: FitRight®



\$8 | 10 count
Product code
597

Bladder control pad for women – Moderate

Compare to: FitRight®



\$8 | 16 count
Product code
596

Bladder control pad for women – Ultimate

Compare to: FitRight®



\$8 | 10 count
Product code
598

Chair Pad, washable waterproof, 21" x 22"



\$12 | 1 count
Product code
617

Diaper rash ointment

Compare to: Desitin® Ointment



\$8 | 2 oz
Product code
307

Disposable underpads, 36" x 36"



\$35 | 50 count
Product code
537

Extended wear high-capacity tab-style briefs, Extra large, for waist size 57"-65"



\$24 | 15 count
Product code
541

Extended wear high-capacity tab-style briefs, Small, for waist size 19" – 31"



\$25 | 30 count

Product code
540

Extended wear high-capacity tab-style briefs, Large, for waist size 41" – 59"



\$24 | 15 count

Product code
538

Extended wear high-capacity tab-style briefs, Medium, for waist Size 27" – 43"



\$24 | 15 count

Product code
539

Flushable cleansing cloths

Compare to: Cottonelle®



\$5 | 40 count

Product code
369

Incontinence underwear for men, heavy absorbency, Large/extra large, for waist sizes 40" – 56"

Compare to: FitRight®



\$17 | 20 count

Product code
603

Incontinence underwear for men, heavy absorbency, Small/medium, for waist sizes 28" – 40"

Compare to: FitRight®



\$17 | 20 count

Product code
602

Incontinence underwear for women, heavy absorbency, Large/extra large, for waist sizes 40" – 56"

Compare to: FitRight®



\$17 | 20 count

Product code
601

Incontinence underwear for women, heavy absorbency, Small/medium, for waist sizes 28" – 40"

Compare to: FitRight®



\$17 | 20 count

Product code
600

**Incontinence underwear unisex,
heavy absorbency, Extra extra large,
for waist sizes 68" – 80"**

Compare to: FitRight®



\$19 | 20 count

Product code
604

Panty liner – Long



\$8 | 40 count

Product code
599

Washable underpad, 34" x 36"



\$10 | 1 count

Product code
542

Pain relievers

Acetaminophen, 325 mg

Compare to: Tylenol® Regular Strength



\$7 | 100 count

Product code
294

Acetaminophen, 500 mg

Compare to: Tylenol® Extra Strength



\$7 | 100 count

Product code
002

Acetaminophen, 80 mg chewable

Compare to: Tylenol® Children's Chewable



\$7 | 30 count

Product code
020

Acetaminophen arthritis, 650 mg

Compare to: Tylenol® Arthritis



\$8 | 24 count

Product code
605

Arthritis pain gel

Compare to: Voltaren Gel



\$15 | 3.53 oz

Product code
543

Aspirin low dose, 81 mg EC

Compare to: Bayer® Adult Low Strength EC

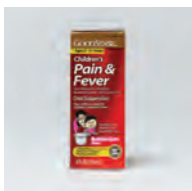


\$6 | 120 count

Product code
016

Children's acetaminophen – Liquid

Compare to: Children's Tylenol®



\$7 | 4 oz

Product code
353

Cold and hot patches

Compare to: Icy Hot® Patch



\$8 | 5 count

Product code
213

Enteric-coated aspirin, 325 mg

Compare to: Ecotrin®



\$7 | 100 count

Product code
229

Headache formula – Aspirin/acetaminophen/caffeine

Compare to: Excedrin®



\$9 | 100 count

Product code
125

Ibuprofen, 200 mg tablets

Compare to: Advil®



\$5 | 50 count
Product code
019

Ibuprofen suspension (children's)

Compare to: Children's Motrin®



\$8 | 4 oz
Product code
094

Lidocaine patch

Compare to: Salonpas® Lidocaine Gel Patches



\$10 | 6 count
Product code
365

Muscle rub

Compare to: BENGAY®



\$8 | 4 oz
Product code
046

Naproxen sodium, 220 mg

Compare to: Aleve®



\$9 | 100 count
Product code
283

Roll-on muscle relief

Compare to: Biofreeze®



\$13 | 2.5 oz
Product code
344

Spray-on muscle relief+

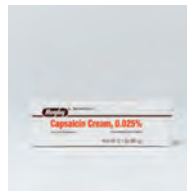
Compare to: Biofreeze® Spray



\$13 | 4 oz
Product code
464

Topical analgesic cream – Capsicum cream, 0.025%

Compare to: Zostrix® Cream



\$9 | 2 oz
Product code
119

Personal care

Abreva® cold sore treatment



\$27 | .07 oz

Product code
544

Aim® toothpaste



\$5 | 5.5 oz

Product code
545

Antifungal foot powder, miconazole nitrate, 2%

Compare to: Zeasorb® AF



\$8 | 2.5 oz (71 g)

Product code
613

Battery-operated water jet**

Compare to: Interplak® Battery-Operated Water Jet (Batteries not included)



\$35 | 1 count

Product code
471

Battery-operated water jet tips

Compare to: Interplak® Battery-Operated Water Jet Tips (Batteries not included)



\$9 | 5 count

Product code
472

Bausch + Lomb Soothe® XP emollient eye drops



\$15 | 0.5 fl oz/15 ml

Product code
615

Biotene® spray



\$11 | 1.5 oz

Product code
548

Bunion guard



\$9 | 1 count

Product code
465

Colgate® toothpaste



\$6 | 4.6 oz

Product code
550

Contact lens solution

Compare to: Opti-Free® Replenish®



\$10 | 12 oz

Product code
551

Crest® toothpaste



\$7 | 5.4 oz
Product code
552

Dental floss, waxed



\$5 | 100 yards
Product code
224

Dental flossers



\$5 | 90 count
Product code
391

Denture adhesive

Compare to: Fixodent®



\$6 | 1.5 oz
Product code
225

Denture brush

Compare to: GUM® Denture Brush



\$6 | 1 count
Product code
392

Dry mouth oral rinse

Compare to: Biotene® Dry Mouth Oral Rinse



\$8 | 16 fl oz
Product code
393

Earwax removal drops

Compare to: Debrox® Earwax Removal Drops



\$7 | .5 fl oz
Product code
118

Effervescent denture tabs

Compare to: Efferdent®



\$7 | 90 count
Product code
319

Eye drops – Redness reliever

Compare to: Visine® Original



\$6 | .5 oz
Product code
219

Fixodent® denture adhesive



\$9 | 2.4 oz
Product code
553

Interdental brush picks

Compare to: Gum®



\$6 | 275 count
Product code
554

Interdental gum brushes

Compare to: Gum®



\$7 | 10 count
Product code
555

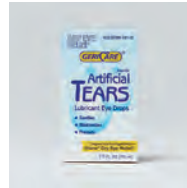
Lubricant eye drops

Compare to: Refresh Optive® Lubricant Eye Drops



\$13 | .5 oz
Product code
356

Lubricant eye drops (sterile)



\$7 | .5 oz
Product code
114

Lubricant eye gel

Compare to: GenTeal®



no image
available

\$12 | .34 oz
Product code
346

Medicated lip treatment – 2-pack

Compare to: Carmex®



\$6 | 2 count
Product code
414

Moleskin



\$6 | 3 strips
Product code
473

Oral pain relief – Benzocaine, 20%

Compare to: Orajel™ Maximum



\$7 | .5 oz
Product code
295

Pepsodent® toothpaste



\$5 | 5.5 oz
Product code
558

Preservative-free lubricant eye drops

Compare to: Refresh Optive® PF



\$15 | 30 count
Product code
405

Rechargeable power toothbrush**



\$30 | 1 count
Product code
407

Rechargeable power toothbrush replacement heads



\$23 | 2 count
Product code
406

Sensodyne® toothpaste



\$13 | 6 oz
Product code
606

Swimmer's ear solution

Compare to: Debrox® Swimmer's Ear Drying Drops



\$8 | 1 oz
Product code
559

Toothbrush



\$6 | 3 count
Product code
284

Toothpaste



\$8 | 2 count
Product code
285

Skin care

Allergy cream – Itch and pain relief

Compare to: Benadryl® Extra Strength Cream



\$6 | 1 oz

Product code
217

Aloe vera with lidocaine



\$10 | 20 oz

Product code
560

Calamine lotion



\$7 | 6 oz

Product code
037

Clotrimazole cream, 1%

Compare to: Lotrimin AF®



\$7 | .5 oz

Product code
038

Eczema moisturizing cream

Compare to: Aveeno® Active Naturals® Eczema Therapy Moisturizing Cream



\$13 | 5 oz

Product code
409

Hydrocortisone cream, 1%

Compare to: Cortaid®



\$7 | 2 oz

Product code
322

Insect bite relief

Compare to: After Bite®

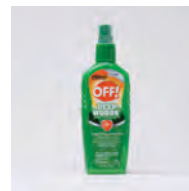


\$7 | .5 oz

Product code
388

Insect repellent

Compare to: Off® Deep Woods® Insect Repellent



\$11 | 6 oz

Product code
327

Medicated callus remover

Compare to: Dr. Scholl's®



\$7 | 6 count

Product code
241

Phytoplex calazime skin protectant



\$13 | 4 oz

Product code
561

Psoriasis medicated ointment



\$13 | 3.8 oz
Product code
410

Skin protectant paste



\$9 | 4 oz
Product code
562

Skin repair cream

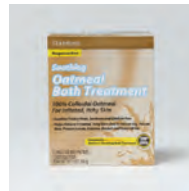
Compare to: Remedy® Intensive Skin Therapy Skin Repair Cream



\$6 | 4 oz
Product code
563

Soothing oatmeal bath treatment

Compare to: Aveeno® Soothing Bath Treatment



\$10 | 8 count
Product code
411

Sunscreen SPF 30

Compare to: Coppertone® SPF 30



\$9 | 8 oz
Product code
306

Sunscreen SPF 50



\$9 | 8 oz
Product code
564

Tolnaftate, 1% antifungal

Compare to: Tinactin® Cream



\$8 | 1 oz
Product code
218

Vitamin A&D ointment

Compare to: A&D® Original Ointment



\$7 | 4 oz
Product code
308

Wart remover liquid

Compare to: Compound W® Max Strength



\$9 | 0.31 oz
Product code
296

Smoking cessation

Nicotine transdermal, 7 mg patch⁺



\$23 | 7 count

Product code
315

Nicotine transdermal, 14 mg patch⁺



\$23 | 7 count

Product code
313

Nicotine transdermal, 21 mg patch⁺



\$23 | 7 count

Product code
314

Stop smoking gum – 2 mg⁺

Compare to: Nicorette[®] 2 mg gum



\$20 | 50 count

Product code
123

Stop smoking gum – 4 mg⁺

Compare to: Nicorette[®] 4 mg gum



\$20 | 50 count

Product code
124

Supports

Ankle support

Compare to: Futuro®



\$11 | 1 count
Product code
336

Arthritis gloves – Large

Compare to: Vive Arthritis Gloves



\$18 | 1 pair
Product code
363

Arthritis gloves – Medium

Compare to: Vive Arthritis Gloves



\$18 | 1 pair
Product code
364

Arthritis gloves – Small

Compare to: Vive Arthritis Gloves



\$18 | 1 pair
Product code
565

Back support elastic – One size fits most

Compare to: Futuro®



\$25 | 1 count
Product code
337

Back support with pulley system – Extra extra large



\$18 | 1 count
Product code
568

Back support with pulley system – Large/extra Large



\$18 | 1 count
Product code
566

Back support with pulley system – Small/medium



\$18 | 1 count
Product code
567

Carpal tunnel night brace

Compare to: Futuro® Carpal Tunnel Night Brace



\$23 | 1 count

Product code
442

Elbow support

Compare to: Futuro®



\$10 | 1 count

Product code
339

Knee support with stays – Extra large Sizing guide: measure circumference at knee cap: 18" – 20" (45.7 – 50.8 cm)

Compare to: Futuro®



\$16 | 1 count

Product code
357

Knee support with stays – Large Sizing guide: measure circumference at knee cap: 16" – 18" (40.6 – 45.7 cm)

Compare to: Futuro®



\$16 | 1 count

Product code
340

Knee support with stays – Medium Sizing guide: measure circumference at knee cap: 14" – 16" (35.6 – 40.6 cm)

Compare to: Futuro®



\$16 | 1 count

Product code
341

Knee support with stays – Small Sizing guide: measure circumference at knee cap: 13" – 14" (33 – 35.6 cm)

Compare to: Futuro®



\$16 | 1 count

Product code
342

Plantar fasciitis relief sleeve



\$12 | 1 pair

Product code
459

Wrist support

Compare to: Futuro®



\$15 | 1 count

Product code
343

Vitamins, minerals and supplements

Almebex Plus B-12



\$27 | 473 ml
Product code
250

Antioxidant tablets



\$8 | 60 count
Product code
297

Apple cider vinegar (with the mother), 500 mg & Ginger, 1 mg gummies



\$10 | 60 count
Product code
614

Bausch + Lomb PreserVision® AREDS 2 chewables



\$25 | 60 count
Product code
569

Biotin gummies

Compare to: Vitafusion™



\$12 | 100 count
Product code
475

Brain health supplement

Compare To: Neuriva, Coffee Fruit Extract 100 mg,
Phosphatidylserine 100 mg



\$19 | 30 count
Product code
616

Calcium + vitamin D3 gummies

Compare to: Nature's Way® Alive!®



\$12 | 60 count
Product code
476

Calcium carbonate with vitamin D3, 600 mg – 10 mcg tab



\$11 | 100 count
Product code
570

Calcium citrate + vitamin D3

Compare to: Citracal® Caplets + D3



\$7 | 60 count
Product code
109

Chewable calcium with vitamin D3

Compare to: Caltrate® 600 + D3 Plus Minerals Chewable



\$9 | 60 count
Product code
248

Coenzyme Q-10, 30 mg



\$10 | 30 count
Product code
902

Coenzyme Q-10, 100 mg



\$12 | 30 count
Product code
367

Complete senior vitamins and minerals

Compare to: Centrum® Silver



\$10 | 60 count
Product code
063

Daily multivitamin and mineral

Compare to: Centrum®



\$10 | 130 count
Product code
011

Diabetic multivitamin sugar-free gummies



\$16 | 60 count
Product code
618

Elderberry gummies

Compare to: VitaJoy®



\$12 | 60 count
Product code
608

Ensure® nutrition shake, chocolate, 8 oz



\$55 | 24 count
Product code
571

Ensure® nutrition shake, vanilla, 8 oz



\$55 | 24 count
Product code
577

Eye care vitamins

Compare to: Ocuville® Extra



\$9 | 36 count
Product code
907

Ferrous sulfate, 5 gr

Compare to: Feosol® 100



\$8 | 100 count
Product code
298

Flaxseed oil, 1000 mg softgels

Compare to: Flaxseed oil



\$10 | 90 count
Product code
477

Folic acid, 800 mcg



\$7 | 100 count
Product code
240

Food and beverage thickener

Compare to: Thick-It® Food and Beverage Thickener



\$8 | 10 oz
Product code
572

Ginseng extract, 100 mg



\$15 | 60 count
Product code
609

Glucerna® diabetes nutrition shake, chocolate, 8 oz



\$55 | 24 count
Product code
573

Glucerna® diabetes nutrition shake, vanilla, 8 oz



\$55 | 24 count
Product code
578

Glucosamine chondroitin triple strength



\$25 | 100 count
Product code
412

Gummy multivitamin



\$12 | 120 count
Product code
299

Gummy vitamin C, 250 mg



\$11 | 100 count
Product code
300

Gummy vitamin D3, 50 mcg (2000 unit)



\$11 | 120 count
Product code
301

Immune support chewable tablets

Compare to: Airborne®



\$9 | 32 count
Product code
474

Liquid iron formulation, 220 mg/5 ml



\$9 | 16 oz
Product code
246

Magnesium oxide, 400 mg

Compare to: Mag-Ox® 400 mg



\$9 | 120 count
Product code
302

Melatonin, 5 mg



\$8 | 100 count
Product code
278

Melatonin gummies, 5 mg

Compare to: VitaJoy®



\$12 | 120 count
Product code
479

Omega-3 fish oil, 1000 mg



\$10 | 90 count
Product code
413

One daily men's multivitamin

Compare to: One-A-Day Men's®



\$8 | 60 count
Product code
316

One a Day women's multivitamin

Compare to: One-A-Day Women's®



\$8 | 60 count
Product code
107

Organic sulfur MSM, 1000 mg



\$9 | 90 count
Product code
317

Papaya enzyme



\$10 | 100 count
Product code
610

Potassium gluconate, 595 mg



\$7 | 100 count
Product code
303

Probiotic



\$18 | 30 count
Product code
607

Rena-vite vitamins



\$15 | 100 count
Product code
481

Timed release niacin, 500 mg



\$9 | 100 count
Product code
909

Vitamin B-Complex gummies

Compare to: Vitafusion™



\$12 | 70 count
Product code
482

Vitamin B-Complex sublingual



\$8 | 60 count
Product code
280

Vitamin B-Complex with B12



\$8 | 100 count
Product code
903

Vitamin B12, 500 mcg tab



\$7 | 100 count
Product code
574

Vitamin B12, 1000 mcg



\$8 | 100 count
Product code
238

Vitamin B12, 5000 mcg sublingual



\$8 | 30 count
Product code
279

Vitamin C, 500 mg



\$7 | 100 count
Product code
010

Vitamin D3, 25 mcg (1000 unit)



\$8 | 100 count
Product code
209

Vitamin D3, 125 mcg (5000 unit)



\$9 | 100 count
Product code
239

Vitamin D3, 1250 mcg (50,000 unit)



\$18 | 12 count
Product code
483

Vitamin D3, 2000 IU



\$11 | 240 count
Product code
576

Vitamin E, 400 IU synthetic



\$10 | 100 count
Product code
012

Women's health

Clotrimazole, 1% vaginal cream

Compare to: Gyne-Lotrimin® 45 gm



\$9 | 1.5 oz
Product code
041

Miconazole 3

Compare to: Monistat® 3 Combo Pack



\$13 | 3-day supply
Product code
304

Urinary pain relief

Compare to: AZO Urinary Pain Relief®



\$8 | 30 count
Product code
326

Urinary tract infection test strips

Compare to: AZO Urinary Tract Infection Test Strips®



\$14 | 3 count
Product code
484

Vaginal moisturizer

Compare to: Vagisil Vaginal Moisturizer



\$21 | 8 count
Product code
611

Vaginal health probiotic

Compare to: AZO Complete Feminine Balance™



\$29 | 30 count
Product code
624

* Sale of products containing dextromethorphan are prohibited to members under the age of 18.
Limit quantity of two per order.

** Limit one per plan year. Prior to purchase, the enrollees are strongly encouraged to have a conversation with their personal provider about the appropriateness of this OTC item.

+ Product cannot be shipped to P.O. Boxes, Alaska, Hawaii or Puerto Rico.

++ Sale of products containing nicotine are prohibited to members under the age of 21.

Get your questions answered



By phone

844-330-7780 (TTY: 711), Monday - Friday, 7 a.m. - 10 p.m.
and Saturday, 7 a.m. - 5:30 p.m., Central Time.

OTC items may only be purchased for the plan enrollee. It is prohibited to purchase OTC items for family members and friends. Purchase of covered OTC products made under emergency circumstances may be eligible for reimbursement when the benefit allowance is available.

The following items are not covered under this OTC benefit (non-eligible items): baby items, contraceptives, convenience (non-medical items), cosmetics and food supplements.

An allowance amount is only available if your plan offers the OTC service as a benefit.

Call the pharmacy at **844-330-7780 (TTY: 711)** if you have questions about your order or about how to use this benefit, Monday - Friday, 7 a.m. - 10 p.m. and Saturday, 7 a.m. - 5:30 p.m., Central Time.

Remember, keep this catalog

**You'll need it to look up health and
wellness products you want to order**

Ochsner Health Plan, Inc. complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

For the OTC supplemental benefit, members must purchase OTC items through the Ochsner Health Plan OTC supplemental benefit catalog. Also, items and drugs, under certain circumstances, may be covered under either Medicare Part B or Part D. When an item is covered by Part B or Part D due to particular circumstances, members would not use their OTC supplemental benefit to obtain the item, because it is Medicare-covered in those circumstances, and not part of the supplemental OTC benefit.



Ochsner Health Plan
1450 Poydras St., Suite 110
New Orleans, LA 70112
www.ochsnerhealthplan.com

Ochsner Health Plan is an HMO with a Medicare contract. Enrollment in Ochsner Health Plan depends on contract renewal.